

Goose Green PSED Progression in Nursery

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Unit	Me and my family.	Making friendships How can I keep myself and others safe?	How can I help others?	What are feelings?	The world around me	Transition What am I proud of?
	Skills	Settling in and beginning to follow Nursery routines. Separating from their carer with support from adults. Is becoming more aware of the similarities and differences between themselves and others Understands that expectations vary depending on different events, social situations and changes in routine, and becomes more able to adapt their behaviour in favourable conditions Enjoys a sense of belonging through being involved in daily tasks Shows their confidence and self-esteem through being outgoing towards people, taking risks and trying new things or new social situations and being able to express their needs and ask adults for help	Building relationships with new friends and adults Seeks out companionship with adults and other children, sharing experiences and play ideas Uses their experiences of adult behaviours to guide their social relationships and interactions Enjoys playing alone, alongside and with others, inviting others to play and attempting to join others' play Practices skills of assertion, negotiation and compromise and looks to a supportive adult for help in resolving conflict with peers Begins to assess risk and take decisions based on this with the support of adults. Names safe and trusted adults. Knows how to ask for help if they need it	Noticing others and beginning to help them with adult support Shows increasing consideration of other people's needs and gradually more impulse control in favourable conditions, e.g. giving up a toy to another who wants it Talks about how others might be feeling and responds according to their his understanding of the other person's needs and wants	Explores feelings and starts to name feelings supported by introducing Zones of Regulation. Expresses a wide range of feelings in their interactions with others and through their behaviour and play, including excitement and anxiety, guilt and self-doubt Is more able to recognise the impact of their her choices and behaviours/actions on others and knows that some actions and words can hurt others' feelings	Explores the world around them. Talks about how others might be feeling and responds according to their his understanding of the other person's needs and wants Shows care and concern for living things and the environment Begin to understand the effect their behaviour can have on the environment	Reflecting on the year. What can you do now that you couldn't do before? Sharing Celebrating successes - own and friends Is aware of being evaluated by others and begin to develop ideas about themselves according to the messages they hear from others Is sensitive to others' messages of appreciation or criticism Is becoming more aware of the similarities and differences between themselves and others in more detailed ways and identifies them self in relation to social groups and to their peers